

WITH THE PATRONAGE OF:



FONDAZIONE SYNAPSIS

ORGANIZING SECRETARY



EUROPEAN SLEEP FOUNDATION
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For more information:
www.europeansleepfoundation.ch/event/think-tank-2021

WITH THE UNCONDITIONAL
SUPPORT OF:



Inve Human Health Care



LOCAL ORGANIZER

PROF. CLAUDIO BASSETTI
President of the ESF
Chairman, Neurology Department
Bern University Hospital, Inselspital
Dean of Medical Faculty, University
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10/03/2021

PROGRAM

WORLD SLEEP FORUM 2021

5th THINK TANK NEURODEGENERATION AND SLEEP

27-29 MAY 2021
VIRTUAL MEETING

THURSDAY, 27TH MAY 2021

PUBLIC KEY-NOTE LECTURES

- 14.00 Introduction - C. Bassetti (CH)
- 14.15 Effect of sleep on CSF amyloid
B. Lucey (US)
- 14.45 Sleep, circadian rhythms, and cognition
A. Spira (US)
- 15.15 Local sleep and Alzheimer's disease
B. Mander (US)

15.45 Break

16.15-19.15 **WORKSHOP 1 (in parallel)**
BASIC MECHANISM OF NEURODEGENERATION
RELATED TO SLEEP

Coordinator: S. Saxena (CH), B. Lucey (US)

16.15-19.15 **WORKSHOP 2 (in parallel)**
SLEEP DURATION, INSOMNIA AND OTHER
SLEEP AND CIRCADIAN DISORDERS IN
ALZHEIMER DISEASE

Coordinators: A. Spira (US), O. Franco (CH)

FRIDAY, 28TH MAY 2021

09.00-12.00 **WORKSHOP 3 (in parallel)**

SLEEP APNEA, COGNITION AND
RISK OF DEMENTIA

Coordinators: I. Rosenzweig (UK), L. Ferini-Strambi (IT)

09.00-12.00 **WORKSHOP 4 (in parallel)**

REM SLEEP BEHAVIOR DISORDER IN
PARKINSONISM AND DEMENTIA

Coordinators: A. Iranzo (ES), C. Trenkwalder (D)

12.00 Break

PUBLIC KEY-NOTE LECTURES

- 14.00 Introduction - L. Ferini-Strambi (IT)
- 14.15 Risk and predictors of dementia and
parkinsonism in idiopathic REM sleep
behaviour disorder - A. Iranzo (ES)
- 14.45 Sleep apnoea and the brain: a complex
relationship - I. Rosenzweig (UK)
- 15.15 Treatment approaches for sleep
disturbances in Parkinson disease
A. Videnovic (US)

15.45 Break

16.15-19.15 **WORKSHOP 5**
NEW DIAGNOSTIC AND TREATMENT
APPROACHES FOR SLEEP AND CIRCADIAN
DISORDERS IN DEMENTIA

Coordinators: C. Bassetti (CH), C. Baumann (CH)

SATURDAY, 29TH MAY 2021

Coordinators: C. Bassetti (CH), L. Ferini-Strambi (IT)

09.00 General discussion and preparation
of the draft for the publication
All attendees

12.00 Closing remarks

WORKSHOPS PARTICIPANTS

- R. CHOWDHURY
L. LEWIS
B. LUCEY
B. MANDER
A. SPIRA
H. TIEMEIER
A. VIDENOVIC
- U. KALLWEIT
W. RANERATH
C. TRENKWALDER
- I. ROSENZWEIG
K. VOSSEL
- A. IRANZO
- L. FERINI-STRAMBI
C. LIGUORI
- C. BASSETTI
C. BAUMANN
O. FRANCO
O. GNARRA
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OBSERVER

- F. TRACIK
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